· NIGHTLY NUGGETS ·

Fruity Lemonade Frozen Pops

Ingredients:

1/3 or 1/2 cup fresh fruit of choice (ex. berries, kiwi, watermelon, mango-- you can mix several together)

Chick-fil-A® Lemonade; enough to fill molds

Frozen pop molds





Directions:

Wash hands for 20 seconds using soap and warm water.

- In a small bowl, add cut fruit and gently "muddle/mash" fruit.
- Add approx. 1-2 tsp. of fruit to frozen pop molds (this adds texture and beautiful colors).
- 3. Fill molds with Chick-fil-A® Lemonade.
- 4. Place in freezer and allow to freeze overnight.
- 5. When ready to eat, you may need to place molds in a bowl of hot water for 10-15 seconds to loosen the frozen pop. Enjoy!

